

Hey there, it's me – Dr. Sherri, P!H!D!

I'm back with another Emotion Experiment to get your mind thinking and your senses feeling. Do you ever feel angry? Sometimes, do you get so angry that you do something you wish you hadn't done? When that happens, there are two important steps to take. **One**, make a sincere apology. (This means saying you're sorry and really meaning it.) **Two**, find a way to make things right.

Yesterday in The Imagine Neighborhood, Scotty and Doc Apocalypso met Jeremy the Tigbanua, who was so angry that he smooshed a village. I hope you've never smooshed a village before, but I'm sure you know what it can feel like to have a big feeling, make a mistake, and then need to make it right. Today, we'll practice some of those steps in another scientific Emotion Experiment!



Emotion Experiment

#4

Making It Right

Step 1

Read the different stories on the next page. Imagine that you're the character in each of the stories. How would that character feel? What would they do next?

Step 2

Think about how you could make a sincere apology if you were the character in each story. Then, think about a way you could make things right. This could be something really big, really small, or really silly—as long as you think it would help!

Step 3

Talk about different endings to these stories with someone in your home. You can write them down or you can pretend with sock puppets, just like we did last week! If you missed how to make a sock puppet, you can check it out [here](#).

Remember: Science has shown that practice helps improve skills. Making things right is a good skill to have.



Find your own endings to each of these stories!

1

You're a wizard with the magical power of invisibility. One day, you forget you're invisible and walk in front of someone carrying a huge stack of papers. This person bumps into you and the papers fly into the air and blow away in the wind!

What does your sincere apology sound like?

What can you, the invisible wizard, do to make things right?

2

Your science teacher let you take home the class pet: a baby velociraptor. You promised you'd take good care of it, but one day the raptor gets loose! It raids every refrigerator on your block before you can get it safely back in its pen.

How do you apologize to everybody on the block?

You can't replace everyone's food, but how could you try to make things right?

3

You're the tooth fairy's apprentice and you're flying solo for the first time, leaving cash for baby teeth. You get confused the first time on your own and accidentally take money from Becky's piggy bank rather than leave money for her tooth.

How can you apologize without blowing your cover?

What can you, the tooth fairy's apprentice, do to make things right?

Grown-ups: Read each scenario out loud with younger kids. Let them act out the story endings with sock puppets, or let them draw a picture of their favorite story. Ask them to include what comes after the apology in their drawing.

It's science!

